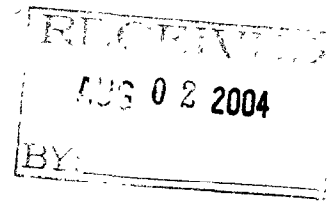


Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

July 19, 2004

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

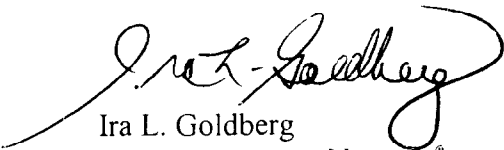
To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Alpha GPC, a dietary supplement. Source Naturals® is the manufacturer of Alpha GPC.

Statements being made in the labeling of Alpha GPC

- 1) Clinical research in humans and animals has demonstrated that GPC (L-alpha-glycerylphosphorylcholine) helps supports higher brain function, mental acuity, and the release of human growth hormone.
- 2) GPC is a precursor to the neurotransmitter acetylcholine and the membrane constituent phosphatidylcholine.
- 3) Research suggests that it is more bioavailable than other forms of choline for the maintenance of learning and memory.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals® possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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